
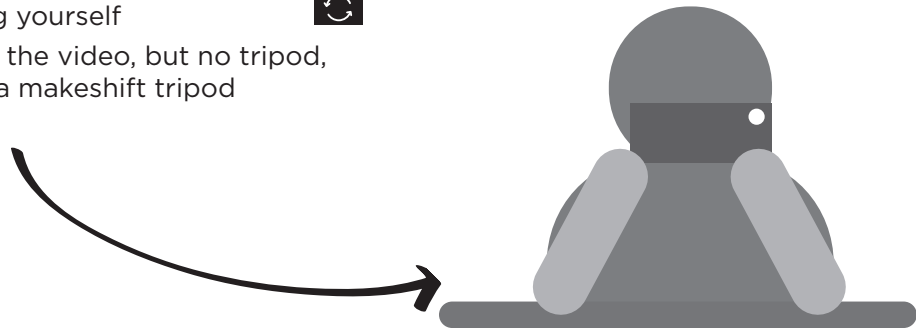


# TIPS FOR SHOOTING VIDEO ON YOUR PHONE

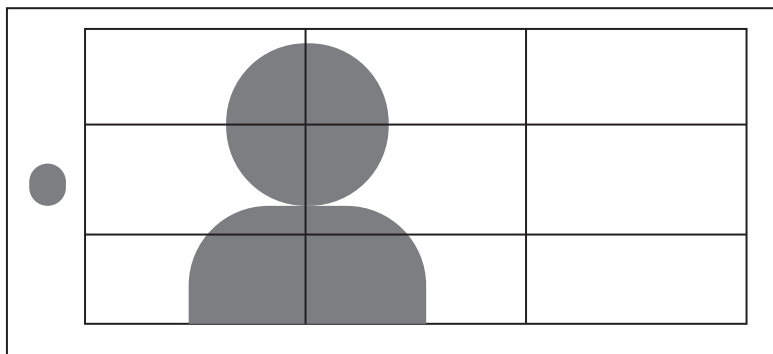
## SET UP

- If possible, avoid shooting handheld. If you can, rest the camera on an object or use a tripod
- Be sure to push rotate view so you can see your shot on the screen if you are filming yourself 
- If you have someone shooting the video, but no tripod, use your elbows on a table as a makeshift tripod



## COMPOSITION

- Rule of thirds: try to center yourself on one of the third divider lines
- Avoid too much head room (the amount of space between the top of your head and the top of the screen)
- Shoot with your phone in landscape/horizontal instead of vertical/portrait



## LOCATION

- Quiet area
- Interesting background
- Large depth of field (avoid being up against a wall)
- Good amount of lighting on your face

## WHILE RECORDING

- Once you hit record, count in your head for three seconds before starting
- While recording maintain eye contact with the camera
- Smile and have fun!
- After you finish, count another three seconds in your head then stop recording

## More tips here!

<http://www.business2community.com/digital-marketing/how-to-shoot-an-interview-with-your-iphone-tips-to-compose-the-shot-0482182>